



4-5 YEARS | WEEK 48

Sports - Indoor Games

1 . Family History - Family Board Game

2. PlayTime - Hoppity Hop

3. PlayTime - Animal Walk

4. PlayTime - The Hungry Frog

5. PlayTime - Tangram

6. PlayTime - Picture Puzzle

7. Construction - Stack The Cups

8. Construction - Tower

9. Pen And Paper Games - Follow The Lines

10. Pen And Paper Games - Sudoku

11. Pen And Paper Games - Find Them

12. Pen And Paper Games - Board Game

13. Indoor Games - Indoor Treasure Hunt

14. Indoor Games - Charades

15. Indoor Games - Memory Game

16. Indoor Games - Pictionary

17. Indoor Games - Carrom

18. Memory Game

19. Cut And Paste

20. Tic Tac Toe



Hello children! I am Kalina.
My friends and I will be your fun-learning partners for
the HOBBIES AND INTERESTS series!



Family History: Family board game

Use pegs and dice to play this fun detective game. When you land at a square you have to identify the family member in your family or do as instructed on the square.

start	I am your mother's mother. Who am I?	Act like your father.	miss a turn	I am your father's brother. Who am I?
				move back 2 squares
move ahead 3 squares	I am your parents son/daughter. Who am I?	Act like your favourite aunty	I am your aunty's daughter. Who am I?	Act like your cousin.
I am your father's brother. Who am I?				
Act like your grandfather	I am your mother's sister. Who am I?	start again	Act like your mother	finish

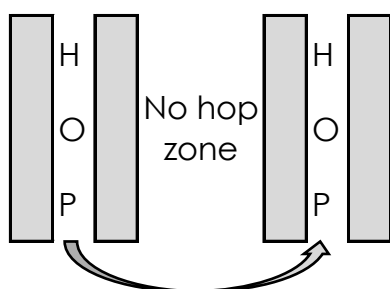


Hello children! I am Raju.
My friends and I will be your fun-learning partners for
the HOBBIES & INTERESTS series!



Playtime: hoppity hop

Take 4 printouts of this worksheet. Request your parents to cut the thin strips along the dotted lines. Stick strips on each paper together to make four long strips. Place them on the floor, two strips making one hop section. When your parents ask you to hop, you have to jump from one section to the other. Once you do it, increase the distance between the strips. Try again!





Hello children! I am Raju.
My friends and I will be your fun-learning partners for
the HOBBIES & INTERESTS series!

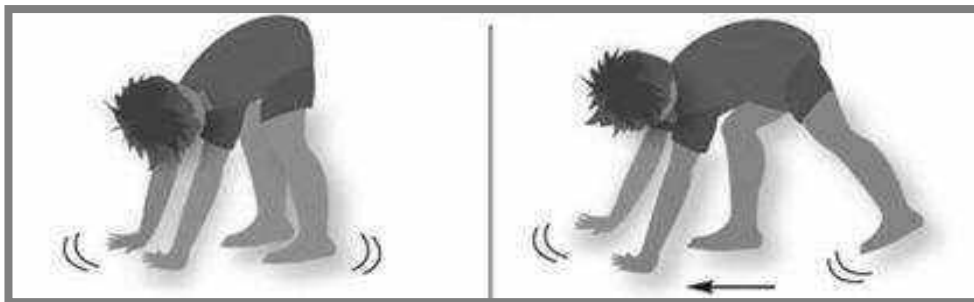


Playtime: animal walk

Get ready little gymnast! Ask your parents to help you with instructions and the right posture. Look at the pictures given below and perform the given task.

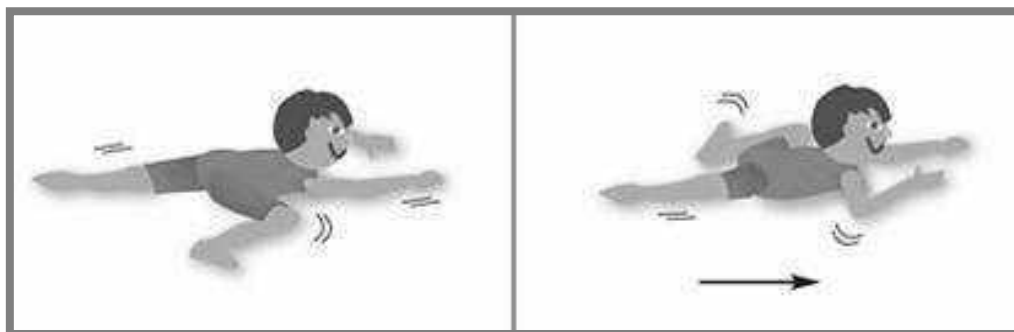
Do this activity strictly under the guidance of your parents.

Bear walk



Start in the standing position. Bend over and put both hands on the ground. Now, walk forward with the same leg and arm – move your right arm and right leg forward, then the left leg and arm at the same time, then repeat.

Snake slither



Lay on your tummy and put your hands by your sides or out in front. Wiggling your hips and shoulders side to side, to try and move forward across the floor without using your hands to help.

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