



4-5 YEARS | WEEK 39

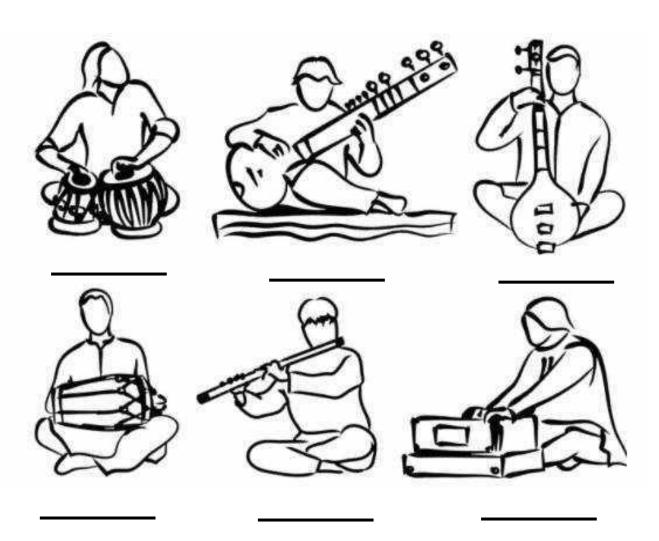
Arts - Performing Arts

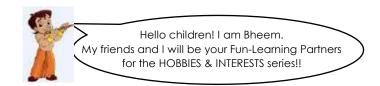
1. Music - Instruments	11. Yoga - Easy Animal Poses 12. Yoga - Utkatasana 13. Yoga - Guess It!!			
2. Music - Musical I Spy				
3. Music - How Do I Sound?				
4. Music - Clap-Clap	14. Yoga - Alphabet Fun			
5. Music - Kitchen Rock Band	15. Yoga - Breathe in, Breathe Out			
6. Dance - Different Types	16. No Fire Cooking			
7. Dance - Dancing Maze	17. Helping Activities			
8. Dance - Move & Shake Your Legs	18. Story Activity			
9. Dance - It's Party Time!!	19. Craft Activity			
10. Dance - Salsa	20. Collage Making			



Music: Instruments

Bheem and his friends had been to a musical concert and they enjoyed it. But they were not able to identify the instruments used there. Help them by writing all the instruments name which are being played in the below given images after learning the names from an adult.



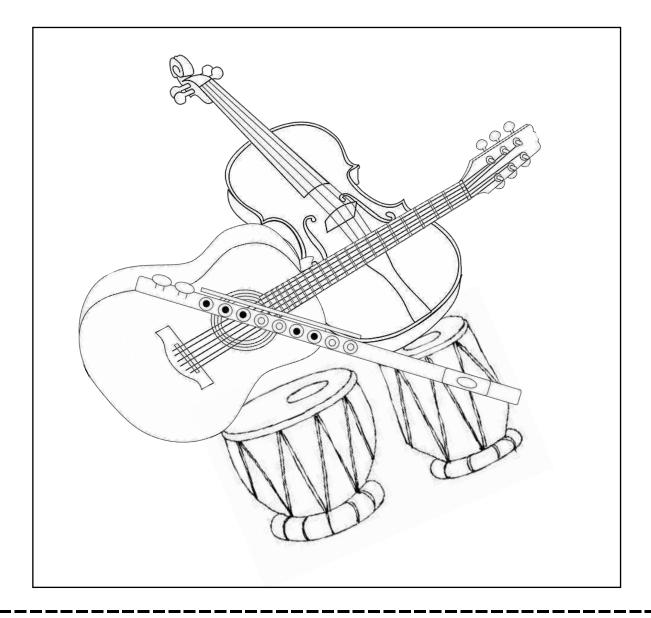


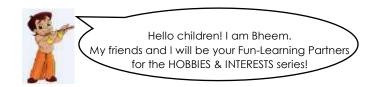


Music: musical I spy

Chhutki has to make a list of all the musical instruments she has and the ones she doesn't have. Sadly, all her musical instruments are jumbled up. Can you find out which musical instruments she has and which ones she doesn't have? Put a tick mark in front of the ones you can spot in the picture and a cross in front of those which are not there.

guitar	flute		tabla	
harmonium	sitar		violin	

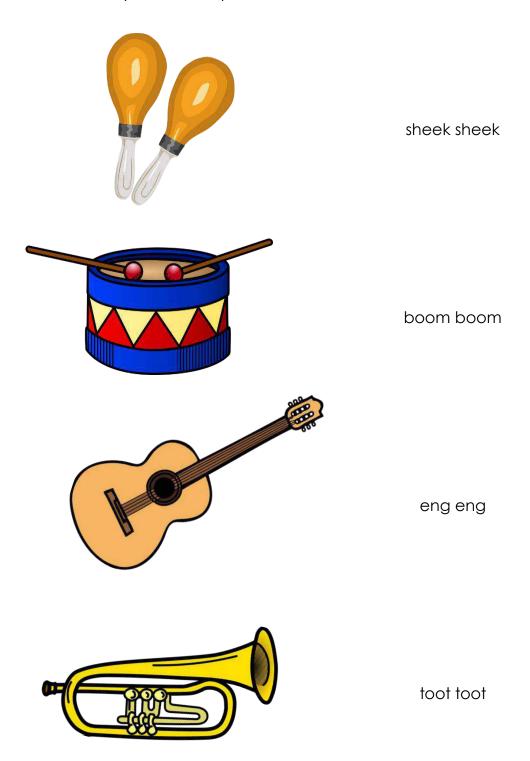






Music: how do I sound?

Here are the pictures of 4 musical instruments along with the sounds they produce. Can you imitate their sound using materials available around you? For example, you can put some beads or tiny stones in a plastic box and shake it to imitate the sound of a shaker.



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